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Family reading advice — Sharing experiences

Many books describe toddlers' daily challenges: difficulty sharing, difficulty parting, the challenging transition from daytime to nighttime, and many more. When identifying a challenge with which your toddler is struggling, choosing a book on the subject and reading it together can be a good idea. Books invite us to share our feelings and experiences, and can offer empathy, encouragement and coping ideas. Lea Naor was born in 1935 in Herzliya. She has written books, plays, screenplays and children's poetry, and has also translated many books into English, such as the Dr. Seuss series. Her books and translations have won her many awards.



שיחה 👫

What is mine and what is ours?

You can discuss the things that are shared by all family members as opposed to those that belong to each of you separately. For instance: "We each have our own toothbrush – what does your toothbrush look like?", "We all share this house together, who lives in our house?"



מִשְׁחָק 👫

Dramatizing and swapping

You can dramatize this book using stuffed animals and have fun together: Swap the toys between you along with the song, and in the refrain az tekhef nihye shutafim bekhol hadvarim hayafim ("so soon we will share all the beautiful things"), you can hold the toy together, and demonstrate sharing.





Illustrations and animals

A cat, a dove, a turtle, a puppy and a young bird – all in one book! You can look at the illustrations, choose an animal together, imitate the sound it makes and act just like it according to the description found in this book. For example, if you choose the turtle "with its entire house on its back" – you can place a cushion on your back and walk on all fours. And how does the puppy with the spot wag its tail?



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