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שִׁיתַה 👫

Real or imaginary?

Telling and listening to stories is great fun. The shared experience makes everyone feel good. Discuss and think together – when is the right time for story–telling and letting your imagination run wild. When is it best to tell the story like it is — without adding or leaving out any details? Who would you feel comfortable confiding in when you face dilemmas?





What happened to me yesterday

Who can remember what happened yesterday? Can you tell it like a story? You can use this opportunity to share experiences. You can also play: One of the participants will tell a story, while the others try to figure out what is true and which parts are made up.





Here is where we listen

Whenever Shahar wants to share or consult, she sits on the bench with Herzl, the security guard, and he always listens. Choose a spot at home where you can always speak and be heard. Whenever you need to share, sit there, tell your story, and seek advice.





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